

# Welcome to the October IH PTSA General Membership Meeting

October 12, 2021

\*IH PTSA GM Meetings will be recorded for administrative purposes. In attending IH PTSA GM meetings, all present agree to video consent, and abiding by IH PTSA & WA State PTA Bylaws & Standards of Conduct.



Kim Wilkinson & Birgit Aarrestad Co-Presidents IH PTSA



## Co- Presidents

Kim Wilkinson &  
Birgit Aarrestad

e: [IHPTSAPresidents@gmail.com](mailto:IHPTSAPresidents@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

GMM & Board Meetings

Board Retreat

New to IHS Night

Curriculum Night

Monthly Meetings w Principal

Oversee Board of Directors

Teacher, Staff & Student Spotlight Series



# Agenda and Meeting Documents

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Available at [issaquahhighptsa.org](https://issaquahhighptsa.org)

-Go to PTSA Info

-Select Meetings and Financials



# Thank you to our Volunteers!



Monthly Staff Breakfast  
**Heidi Fuhs &  
Kristin Brennock**



Applying to College Webinar  
**Tracie Kinsley**

Salmon Day Parking  
**Thank you to all the  
parents as well as  
students who helped IMS  
PTSA w their fundraiser**



ParentWiser  
**Wendy Cummins  
Heidi Fuhs**



SAT/ACT Practice  
Test Proctors  
**Tracie Kinsley  
Sathya Kannan  
Nada Alwarid**



Capri Cellars Get Together  
**Cathy Habib & Lisa Hill**  
**New Family Ambassadors**



Issaquah Food & Clothing Bank  
**POWER PACKS**

Power Pack Distribution  
**Karissa Mobilia & Julie Gamble  
Angel Closet**



Twin Falls Hike  
**New Family  
Ambassadors-  
Cathy Habib &  
Lisa Hill**

Special thanks to the IH PTSA Board, Committee Members & Volunteers who work hard each and every month behind the scenes!





IH PTSA Presidents are proud to present...

## Teacher, Staff and Student Spotlights



[ihptsapresidents@gmail.com](mailto:ihptsapresidents@gmail.com)



# Secretary's Report

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Minutes

Tracy Drake - Secretary  
e: [IHPTSASecretary@gmail.com](mailto:IHPTSASecretary@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)






# Treasurer's Report

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September Financial Report

Tara Moe - Treasurer Kaiyu Yun - Asst Treasurer  
e: [IHPTSATreasurer@gmail.com](mailto:IHPTSATreasurer@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)



## Director of Membership

Wendy Cummins

e: [IHPTSAMembership@gmail.com](mailto:IHPTSAMembership@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

What are our current membership numbers?

What are our membership goals for 2021-22?

What is the breakdown of families/staff?





## Co- VP's Outreach

Karissa Mobilia &  
Chanju Lee

e: [IHPTSAOutreach@gmail.com](mailto:IHPTSAOutreach@gmail.com)

w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

Angel Program

Ask the Academic Advisor Night

Family & Community Engagement  
(FACE)

Healthy Student

New Family Ambassadors

ParentWiser Education

Safety Backpacks

# Angel Program

## CONFIDENTIAL

IH PTSA Angel Closet is a safe place for students to "shop", located at IHS, in a private office area. Periodically, students may find clothing, toiletries, personal care items, along with weekend food packs, school supplies, homecoming attire, booster wear, coats, jeans, and more.

### Need HELP?

Complete Scholarship Eligibility Application, also located with Attendance and Counseling Offices. Return to IHS Attendance Secretary, Lisa Hollingsworth. Questions? Email Lisa Hollingsworth, or call at 425-837-6012. Attendance Office coordinates and follows-up with families and Angel Program.



Rachel Auffant - Chair

Marisa Garcia Struck & Wendy Maruchek - FACE Chairs

# Ask an Academic Advisor

Wednesday October 20  
6:00pm - 7:30pm  
Issaquah High School Library

Format: live presentations and Q&A

- The counselors' presentations for 45 minutes.
- Additional Q & A session for Chinese, Spanish, and Korean - language tables, for 45 minutes.





**Cathy Habib & Lisa Hill**  
co-chairs

# New Family Ambassadors



## Upcoming Event: Capri Cellars - Parent Mixer Oct 19, 6:30pm

- Ambassador assignments have been made, we had 6 requests for Ambassadors.
- Capri Cellars night occurred on Sept 21, and we had a good turnout with a full table.
- There was interest at the last Capri Cellars night to have a dad's event. Looking at a Sunday daytime event at formula brewery.

Events and activities are open to all Issaquah High family members who'd like to meet other IHS families.

Wendy Cummins - Chair



# ParentWiser

Building Resilience & Positive Coping Skills

October 13, 2021

7:00- 8:15 PM

register at:

[IssaquahHighPTSA.org](https://IssaquahHighPTSA.org)

## Future planned events:

Thurs 11/18 4pm - Raising Independent Children

Thurs 1/20/2022 7pm - Depression & Anxiety



October 13, 2021 | 7:00-8:15pm | Zoom Webinar

## *Building Resilience and Positive Coping Skills*

Laura Kastner, Ph.D.

Register online at [www.parentwiser.org](http://www.parentwiser.org)

*Free for PTSA members of Issaquah schools, Non-members \$10 suggested donation.*

### SPONSORS





## Co- VP's Programs

Sathya Kannan &  
Lisa Small

e: [IHPTSAPrograms@gmail.com](mailto:IHPTSAPrograms@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

Grants

College & Career Planning

Community Service Honor Cords

Reflection Art

Senior Scholarships



# Grants & Community Service

First Round of Grants - Due  
October 15, 2021  
Open to staff, students & parents!



Community Service Cord – Awarded to all  
seniors who have earned 100+ hours  
throughout their high school years



Sathya Kannan & Lisa Small - VP Programs  
Cristine Varzali - [IHPTSAGrants@gmail.com](mailto:IHPTSAGrants@gmail.com)  
Nicole Garcia & Heather Bratton -  
[IssyHighCommunityService@gmail.com](mailto:IssyHighCommunityService@gmail.com)

# Reflections

Sathya Kannan & Lisa Small - VP Programs  
Kristen Allen Bentsen & Heather Bratton - co chairs  
ReflectionsISD@gmail.com

Due October 29, 2021

This year's Reflections Theme  
is "*I Will Change the World By...*"

Create visual art,  
photography, literature, film,  
dance choreography or  
music composition inspired  
by this theme to be shared  
with your school community  
and potentially to advance to  
the district, state and/or  
national level. .



<http://issaquahhighptsa.org/Page/Programpages/Reflections>



## Co- VPs Events

Kristen Allen-Bentsen  
&

Natasha de los Reyes

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)

w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

5K PE Runs

College & Career Center Hospitality

New to IHS Night

Textbook Checkout

Picture Day

Senior Events



# Senior Events

Kristen Allen-Bentsen & Natasha de los Reyes  
Co VP's Events




Tuesday October 26  
7:00 pm

Join us via zoom

Senior Events  
Planning Zoom  
Meeting

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)



## Co- VP's Hospitality

Laura Schmidt &  
Kendra Gallagher

e: [IHPTSAHospitality@gmail.com](mailto:IHPTSAHospitality@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

College & Career Center Hospitality  
Senior Exit Interview Snacks  
Staff Appreciation Week  
Staff Back to School Lunch  
Staff Monthly Breakfasts  
Student Support/Snack Fund

# Monthly Staff Breakfasts

Kristen Allen-Bentsen & Natasha de los Reyes  
Co VP's Events

Heidi Fuhs & Kristin Brennock co-chairs

## Wednesday Staff Breakfasts

Sign up on our website  
[IssaquahHighPTSA.org](https://IssaquahHighPTSA.org)  
to donate food items

Future Dates:  
10/27/21, 11/17/21,  
12/15/21, 1/12/22,  
2/16/22, 3/16/22,  
4/20/22, 5/25/22,  
9/22/22

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)



<https://docs.google.com/spreadsheets/d/1oyuPbAOBzgLARFYMDvxtATknAM4nUNIFXNzZscdMemc/edit#gid=2068518878>





## Co-VPs Communications

Molly Dorr  
&  
Tracie Jones

e: [IHPTSACommunications@gmail.com](mailto:IHPTSACommunications@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

IH PTSA E-News

IH PTSA Signage, I-Vision Coordinators

IH PTSA Social Media Coordinators

IH PTSA Website

ISD & IHS Peachjar eFlyers

IHS Special Features

IHS Staff Bios & Photos

# FOLLOW US

<https://www.facebook.com/IssaquahHighPTSA/>

<https://twitter.com/ihptsa>

<https://www.instagram.com/ihptsa/>



**Follow, join, & support YOUR Students and Teachers through PTSA**

中文 WeChat (Mandarin) & Español WhatsApp  
Contact Marissa and Wendy @IHPTSAFACE@gmail.com

Tracie Jones & Molly Dorr, VPs Communications

# Business...

- Open Positions
- New Business





# Our guest speakers today are:

Erin Connolly  
Principal



Kurtis Evans  
ASB Director





## Upcoming Events (October/November)



<http://issaquahhighptsa.org>

Questions? Email

[issaquahhighPTSA@gmail.com](mailto:issaquahhighPTSA@gmail.com)

- Oct 13, Family Connections Q&A support
- Oct 13, ParentWiser, 7pm
- Oct 14, IHS Picture Retakes
- Oct 14, 6:30pm ISD School Board Meeting
- Oct 15, 3pm Grant Applications Due (1<sup>st</sup> set)
- Oct 18, Teacher Work Day – no school for students
- Oct 18, Senior Portraits Due
- Oct 19, 6:30pm NFA Capri Cellars Monthly Mixer
- Oct 20, 6pm Ask an Academic Advisor Night
- Oct 23-14, WA State PTSA Legislative Assembly
- Oct 24, 7pm Senior Events Planning Zoom Mtg
- Oct 27, Staff Appreciation Breakfast
- Oct 28, 9:30am Issaquah PTSA Council GM Meeting
- Oct 28, 6:30pm ISD School Board Meeting
- Oct 29, PTSA Reflection Contest Due Date
- Nov 3, 10:30am IH PTSA Board Meeting
- Nov 9, 6:30pm ISD School Board Meeting
- Nov 11, Veterans Day – No School
- Nov 12, 9:30am IH PTSA General Membership Meeting
- Nov 14, IHS Picture Retakes
- Nov 14, 6:30pm ISD School Board Meeting
- Nov 16, NFA Capri Cellars Monthly Mixer
- Nov 17, Staff Appreciation Breakfast
- Nov 18, 9:30am Issaquah PTSA Council GM Meeting
- Nov 18, 4pm ParentWiser Raising Independent Children
- Nov 25-26 Thanksgiving Holiday, No School

Thank you for  
joining us  
today!

Hope to see you at our next  
General Membership  
Meeting

Friday, November 12<sup>th</sup>

9:30am - 11:30am

