

# Welcome to the January IH PTSA General Membership Meeting

January 14, 2022

\*IH PTSA GM Meetings will be recorded for administrative purposes. In attending IH PTSA GM meetings, all present agree to video consent, and abiding by IH PTSA & WA State PTA Bylaws & Standards of Conduct.



Kim Wilkinson & Birgit Aarrestad IH PTSA Co-Presidents



## Co- Presidents

Kim Wilkinson &  
Birgit Aarrestad

e: [IHPTSAPresidents@gmail.com](mailto:IHPTSAPresidents@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

GMM & Board Meetings

Board Retreat

New to IHS Night

Curriculum Night

Monthly Meetings w Principal

Oversee Board of Directors

Teacher, Staff & Student Spotlight Series



# Agenda and Meeting Documents

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Available at [issaquahhighptsa.org](http://issaquahhighptsa.org)

-Go to PTSA Info

-Select Meetings and Financials



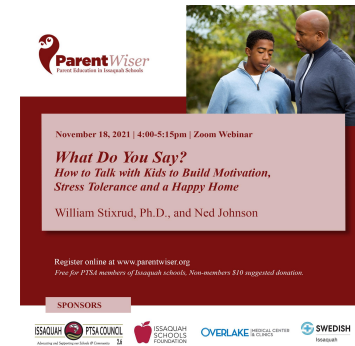
# Thank you to our Volunteers!



Monthly Staff Breakfast  
**Heidi Fuhs &  
Kristin Brennock**



Molbaks Home & Garden Tour  
**Cathy Habib & Lisa Hill**  
New Family Ambassadors



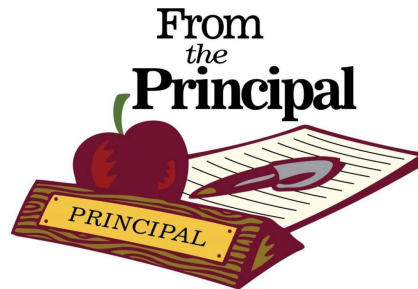
ParentWiser  
**Wendy Cummins**



Capri Cellars Get Together  
**Cathy Habib & Lisa Hill**  
New Family Ambassadors



December Get-together  
**IH PTSA Board of Directors**



Dec/Jan Monthly  
Principal Meeting  
**Birgit Aarrestad &  
Kim Wilkinson**



Senior Parents  
Zoom Call  
**Kristen Allen Bentsen**  
**Natasha De Los Reyes**



Issaquah Food & Clothing Bank  
**POWER PACKS**

Power Pack & Angel Closet Distribution  
**Karissa Mobilia & Julie Gamble**  
**Angel Closet**

Special thanks to the IH PTSA Board, Committee Members & Volunteers who work hard each and every month behind the scenes!



# Secretary's Report

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Minutes

Tracy Drake - Secretary  
e: [IHPTSASecretary@gmail.com](mailto:IHPTSASecretary@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)





# Treasurer's Report

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Nov/Dec Financial Report

Tara Moe - Treasurer Kaiyu Yun - Asst Treasurer  
e: [IHPTSATreasurer@gmail.com](mailto:IHPTSATreasurer@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

# IH PTSA Nominating Committee

***IH PTSA is proud to  
announce our 2022-23  
Nominating Committee  
Candidates...***

Lauren Bartholomew  
Tracie Jones  
Wendy Cummins



# Our guest speakers today are:


Erin Connolly  
Principal



Kurtis Evans  
ASB Director







## Director of Membership

Wendy Cummins

e: [IHPTSAMembership@gmail.com](mailto:IHPTSAMembership@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

What are our current membership numbers?

What are our membership goals for 2021-22?

What is the breakdown of families/staff?



## Co- VP's Outreach

Karissa Mobilia &  
Chanju Lee

e: [IHPTSAOutreach@gmail.com](mailto:IHPTSAOutreach@gmail.com)

w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

Angel Program

Ask the Academic Advisor Night

Family & Community Engagement  
(FACE)

Healthy Student

New Family Ambassadors

ParentWiser Education

Safety Backpacks

# Angel Program

## CONFIDENTIAL

IH PTSA Angel Closet is a safe place for students to "shop", located at IHS, in a private office area. Periodically, students may find clothing, toiletries, personal care items, along with weekend food packs, school supplies, homecoming attire, booster wear, coats, jeans, and more.

### Need HELP?

Complete Scholarship Eligibility Application, also located with Attendance and Counseling Offices. Return to IHS Attendance Secretary, Lisa Hollingsworth. Questions? Email Lisa Hollingsworth, or call at 425-837-6012. Attendance Office coordinates and follows-up with families and Angel Program.





# New Family Ambassadors

Cathy Habib & Lisa Hill  
co-chairs



## *Upcoming Events:*

**Capri Cellars - Parent Mixers**

**January 18th 6:30pm - cancelled**

**&**

**February 15th 6:30pm- Event TBD**

Events and activities are open to all Issaquah High family members who'd like to meet other IHS families.

Wendy Cummins - Chair

# ParentWiser

## Depression & Anxiety

Thurs 1/20/2022

7:00- 8:15 PM

register at...

<https://www.parentwiser.org/events/confronting-stress-anxiety-and-depression>



January 20, 2022 | 7:00-8:15pm | Zoom Webinar

## *Confronting Stress, Anxiety and Depression*

Katie Hurley, LCSW

Register online at [www.parentwiser.org](http://www.parentwiser.org)

*Free for PTSA members of Issaquah schools, Non-members \$10 suggested donation.*

### SPONSORS





## Co- VP's Programs

Sathya Kannan &  
Lisa Small

e: [IHPTSAPrograms@gmail.com](mailto:IHPTSAPrograms@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

Grants

College & Career Planning

Community Service Honor Cords

Reflection Art

Senior Scholarships



# Grants & Community Service

2nd Round of Grants - Due  
January 14, 2022  
Open to staff, students & parents!



Community Service Cord – Awarded to all  
seniors who have earned 100+ hours  
throughout their high school years



Sathya Kannan & Lisa Small - VP Programs  
Cristine Varzali - [IHPTSAGrants@gmail.com](mailto:IHPTSAGrants@gmail.com)  
Nicole Garcia & Tracy Drake- [IssyHighCommunityService@gmail.com](mailto:IssyHighCommunityService@gmail.com)

Tracy Kinsley - Chair



# ACT/SAT Practice Tests

January 29, 9:00 AM - ACT Practice Test

February 5, 9:00 AM - SAT Practice Test

February 10, 7:00 PM - Score and  
Feedback Session @IHS Library

IH PTSA Practice Exams are \$25/each;

Scholarships available



# College & Career Planning presents...

## Trade, Technical, & Career Running Start Programs

For students looking to gain knowledge and skills for starting careers after high school

Featuring Renton Technical College, Lake Washington Technical College, and Bellevue College

Tuesday, January 25, 7-8PM  
on Zoom



Registration REQUIRED - [www.IssaquahHighPTSA.org](http://www.IssaquahHighPTSA.org)



# Reflections

Sathya Kannan & Lisa Small - VP Programs  
Kristen Allen Bentsen & Heather Bratton - co chairs  
ReflectionsISD@gmail.com

The Issaquah PTSA Council Finalists  
advancing to State Level are noted in  
bold and Honorable Mention are noted  
with an asterisk \*.

Grace Shigeyama  
Jamie Hsieh  
Anais Cauchi  
Ljujin Chang  
Anusha Rao  
Arya Joshi  
Julianna Carragher  
**Dhwani Rathore**  
Amanda Winterbauer\*

Reception Postponed...

<http://issaquahhighptsa.org/Page/Programpages/Reflections>

A very special thank you to all of our dedicated PTSA Reflections Chairs who gave their time, energy and talent to make it possible for our students to express themselves and participate in this year's Reflections program. We appreciate you!

The 2022-23  
Reflections theme is:  
**'Show Your Voice!'**

*The National PTA Reflections Program is designed to enhance quality arts education. Students in preschool through grade twelve are encouraged to create works of art in the areas of Dance Choreography, Film Production, Literature, Musical Composition, Photography and Visual Arts.*

*The program brings families, schools and communities together by supporting student success through the arts.*

**NATIONAL PTA®  
REFLECTIONS®**

ISSAQUAH PTSA COUNCIL 2.6  
**REFLECTIONS**  
2021-22

**I WILL  
CHANGE  
THE WORLD  
BY...**

**RECEPTION  
and  
GALLERY**





## Co- VPs Events

Kristen Allen-Bentsen  
&

Natasha de los Reyes

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)

w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

5K PE Runs

College & Career Center Hospitality

New to IHS Night

Textbook Checkout

Picture Day

Senior Events

# Senior Events

Kristen Allen-Bentsen & Natasha de los Reyes  
Co VP's Events



## Senior Events Update

- Graduation  
June 9, 2022  
T-Mobile Field
- Senior Breakfast  
Date TBD
- Senior Farewell  
Date TBD

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)



# Issaquah High PTSA All Night Grad Party

Kristen Allen-Bentsen & Natasha de los Reyes  
Co VP's Events

Stacey Burdman Eastern & Keri Davidson Kiefer  
co-chairs



Class of 2022 seniors and parents!

The Issaquah High PTSA  
ALL NIGHT GRAD PARTY is back!  
You won't want your student to  
miss out on this annual all night, all  
inclusive party with their  
classmates!

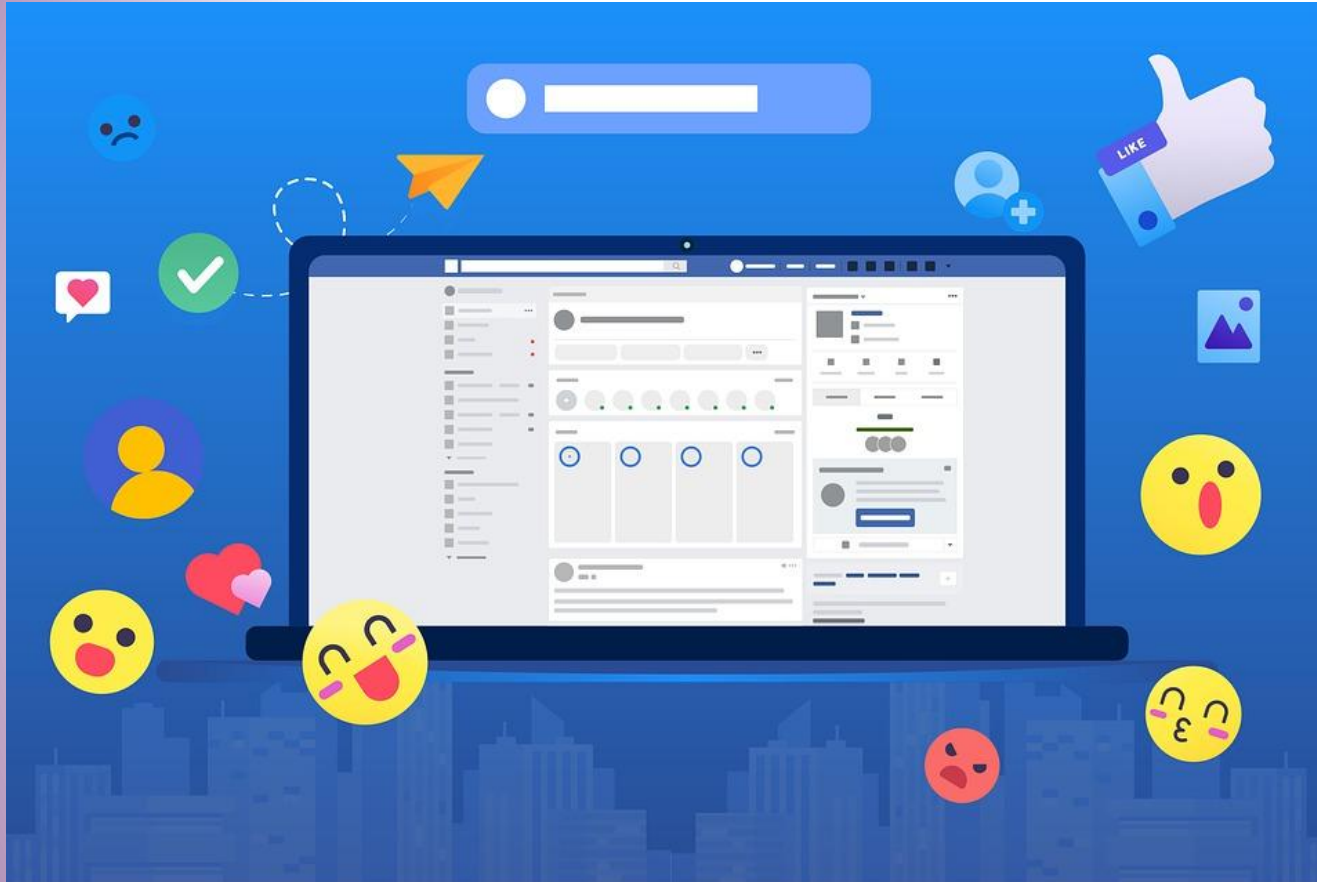
Ticket information coming soon!

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)

# 2022 Senior Social Media

Kristen Allen-Bentsen & Natasha de los Reyes  
Co VP's Events

Melia Adams Wilkinson - chair



There is a new FB page as well as an Instagram page to follow that will have important announcements for your upcoming graduate...

IHS Class of 2022 PTSA  
Communications - Facebook

ih2022updates - Instagram

Stay up to date with  
announcements for your senior!

e: [IHPTSAEvents@gmail.com](mailto:IHPTSAEvents@gmail.com)



## Co- VP's Hospitality

Laura Schmidt &  
Kendra Gallagher

e: [IHPTSAHospitality@gmail.com](mailto:IHPTSAHospitality@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

College & Career Center Hospitality  
Senior Exit Interview Snacks  
Staff Appreciation Week  
Staff Back to School Lunch  
Staff Monthly Breakfasts  
Student Support/Snack Fund

Thank you,  
wonderful bakers  
and all  
volunteers!



Thank you,  
wonderful bakers  
and all  
volunteers!

## IHS Staff Breakfast

MONTHLY

Food Donations

### Upcoming donation dates:

Feb 14-15

Mar 14-15

Apr 18-19

May 23-24

***Signup on Google Sheets at:***

***IHPTSA website, Calendar WEDNESDAYS "Staff Appreciation Breakfast" following above dates.***

IH PTSA Staff Breakfast Co-Chairs:

Kristin Brennock (near Cougar Ridge Elem.)

Heidi Fuhs (near IHS)





## Co-VPs Communications

Molly Dorr  
&  
Tracie Jones

e: [IHPTSACommunications@gmail.com](mailto:IHPTSACommunications@gmail.com)  
w: [IssaquahHighPTSA.org](http://IssaquahHighPTSA.org)

IH PTSA E-News

IH PTSA Signage, I-Vision Coordinators

IH PTSA Social Media Coordinators

IH PTSA Website

ISD & IHS Peachjar eFlyers

IHS Special Features

IHS Staff Bios & Photos

# FOLLOW US

<https://www.facebook.com/IssaquahHighPTSA/>

<https://twitter.com/ihptsa>

<https://www.instagram.com/ihptsa/>



**Follow, join, & support YOUR Students and Teachers through PTSA**

中文 WeChat (Mandarin) & Español WhatsApp  
Contact Marissa and Wendy @IHPTSAFACE@gmail.com

Tracie Jones & Molly Dorr, VPs Communications

# Business...

- Open Positions
- IH PTSA Nominating Committee
- Issaquah School Foundation
- New Business



# Issaquah Schools Foundation

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## ❖ Academic Grants for any ISD Students, K-12

- Individual \$500/student to help pay for tutoring/academic assistance
- Application deadline Feb 14<sup>th</sup> at [isfdn.org](https://isfdn.org) (Our Programs, scroll down to Student Academic Grants)

## ❖ Impact Scholarships

- Open to any ISD Junior and Senior (11-12 grades)
- Submit an essay that describes how Foundation funded programs have enriched your education
- Scholarships awarded:
  - \$1000 for written
  - \$1500 for presentation
- Deadline to apply Feb 28<sup>th</sup> at [isfdn.org/our-purpose/advancing-academic-achievement5/impact-scholars](https://isfdn.org/our-purpose/advancing-academic-achievement5/impact-scholars)





<http://issaquahhighptsa.org>

Questions? Email  
[issaquahhighPTSA@gmail.com](mailto:issaquahhighPTSA@gmail.com)

### Upcoming Events (January/February/March)

- Jan 14, Grant Applications Due (2nd set)
- Jan 17, Martin Luther King Jr federal holiday - no school
- Jan 18, 6:30pm Capri Cellars Monthly Mixer
- Jan 20, 7-8:15pm ParentWiser Depression & Anxiety
- Jan 25, 7:00pm Trade & Technical Careers, Running Start Webinar
- Jan 27, 9:30am Issaquah PTSA Council GM Mtg
- Jan 27, 6:30pm ISD School Board Mtg
- Jan 28, Teacher Work Day - No School
- Jan 29, ACT Practice Test
- Feb 2, IH PTSA BOD Meeting
- Feb 5, SAT Practice Test
- Feb 10, 6:30pm ISD School Board Meeting
- Feb 10, 7pm SAT/ACT Score Feedback Session
- Feb 11, 9:30am IH PTSA General Membership Meeting
- Feb 15, 6:30pm NFA Capri Cellars Monthly Mixer
- Feb 16, Staff Appreciation Breakfast
- Feb 17, 9:30am Issaquah PTSA Council GM Meeting
- Feb 21, Presidents Day - No School
- Feb 22-25, Second Winter Break - No School
- Mar 2, IH PTSA BOD Meeting
- Mar 10, 6:30pm ISD School Board Meeting
- Mar 11. 9:30am IH PTSA General Membership Meeting
- Mar 15, 6:30pm Capri Cellars Monthly Mixer
- Mar 24, 9:30am Issaquah PTSA Council GM Meeting
- Mar 24, ISD School Board Meeting

Thank you for  
joining us  
today!

Hope to see you at our next  
General Membership  
Meeting

Friday, February 11<sup>th</sup>

9:30am - 11:30am



ISSAQUAH HIGH  
PTSA

General  
Membership  
Meeting