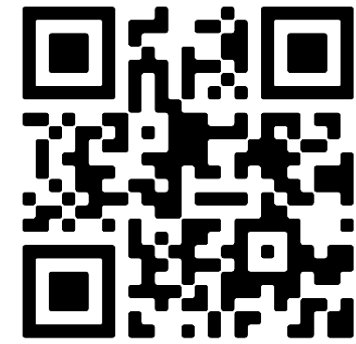


Format for Tonight



Send us your question



- PTSA Intro
- Main Presentation
 - ▣ As you think of questions during the presentation, please use the Questions QR code to submit anything that would benefit the group
 - ▣ Student specific questions can be addressed with your student's counselor on later date
- Counselors will answer questions that were submitted (above)
- Survey (2nd QR code)



ASK AN ACADEMIC ADVISOR

Counselor Presentation

21-22

Topics Covered Tonight

- Helpful staff and useful links
- Nest Time /SEL /Grade Level content
- Checking Grades/Monitoring Progress
- Graduation Requirements
- Course Selection Process
- Resources
 - ▣ College & Career Center
 - ▣ Family Partnership Team
- Questions? and Survey link



Counselors & Administrators

Supports assigned by last name

- Mr. Alan Waite— A-Col
- Ms. Emily Combellick – Com-Ham
- Ms. Christian McKone— Han-La
- Ms. Jennifer Martinson— Lb-OI
- Ms. Amber Owen-Clifford— Om-Sn
- Ms. Jennifer Schwarz— So-Z

□ Ex. Heather Jones would work with

Ms McKone and Ms Nicol

Mark Jergens-Zmuda – A-E

Jennifer Nicol –F-La

Doug Wolff – Le-Ro

Will Buker— Ru-Z

- Erin Connolly—Building Principal
- Nikki Jansen— Dean of Students
- Jolene Gensheimer— On-Time Grad Specialist
- Sara Torelli—Teen Mental Health Counselor (through Swedish)
- Karen Stevens—College and Career Specialist

Counselor Support

- Counselors can help with:
 - ▣ Academics
 - College Questions
 - Career Exploration
 - Course Planning
 - Navigating academic challenges
 - ▣ Mental health support or referral to Teen Health Counselor (Ms. Torelli)
 - ▣ Talking through challenges
 - ▣ Connection to Resources



Contacting Us/Helpful Links

- [IHS Website](#)
- [Counseling Website](#)
- [Contact information for IHS Staff](#) by Topic
- [Contact information for IHS Staff](#) by Name
- [Sign up for enews!](#)
- ****This PowerPoint will be available in the FAQ's section of the counseling website under "helpful overview"**



Making Appointments with Counselors

- General appointment through Calendly

MAKE AN APPOINTMENT WITH YOUR
IHS COUNSELOR

Your IHS Counselor is here to confidentially support you emotionally and socially in addition to academically.
We look forward to meeting with you.

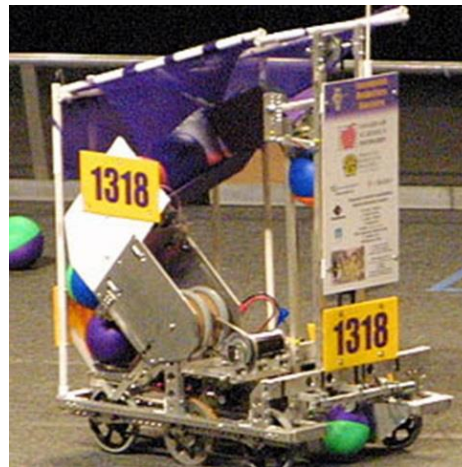
Alan Waite Last Names: A-Col 	Emily Combellick Last Names: Com-Ham 
Christian McKone Last Names: Han-La 	Jennifer Martinson Last Names: Lb-Ol 
Amber Owen-Clifford Last Names: Om-Sn 	Jennifer Schwarz Last Names: So-Z 

IHS Counseling Website
<https://sites.google.com/site/ishscounseling/>

- Email counselor if unable to use a QR code
- For quick questions:
 - Drop in at lunch
 - Before or after school
- Administrators also have QR code posters for scheduling appointments

Sports & Other Activities

- Get involved!
- [Sports](#)
- [Clubs/Activities](#)



Nest/SEL/Counselor Presentations

- Students have Flex/Nest on Tues 9:20-9:55;
Wed 2:55-3:45



- Attendance is Taken

- Choice Days (occasional)

- Academic help with teacher
- Appointment with counselor

- SEL: Social/Emotional Learning Lessons



- Grade Level Presentations **9** **10** **11** **12**

Content created by counselors—accessible online via eNews;
Canvas: Student Support page; Counseling Website.

My Student is Struggling in Class

What should we do?

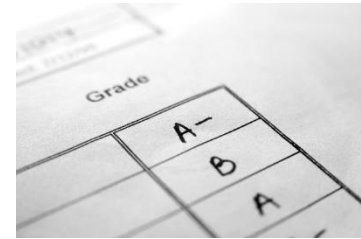
- Get Help from Teacher Directly
 - ▣ During class or agreed upon time
 - ▣ Email questions/Canvas message
- Next Time with teacher
- Form Study Groups with peers
- Online Resources
- Homework Labs and [NHS peer tutoring](#)
- Credit Recovery: to make up a credit (limited selections)
 - ▣ Consider summer school
 - ▣ Consider Guided Studies if multiple credits need to be recovered



Checking Grades/Progress

□ Canvas

- Assignments
- Class Content
- Grades (varies, some teachers might still grade in Skyward)



□ Family Access

- Attendance
 - Grades (for end of term grades—if the teacher uses Canvas primarily for grades) e.g. MT1, Q1
 - Credits & Milestones Earned
- ## □ Contacting teachers directly
- Canvas, email, or phone



Grading Timeline & Transcripts

- Grading Codes you will see in Family Access:
 - MT1, MT2, MT3, MT4 = progress grades
 - Q1, Q2, Q3, Q4 = quarter grades
 - Only S1 and S2 will show up on transcript
 - These semester grades are part of the GPA (grade point average)
 - Q2 same as Semester 1; Q4 same as Semester 2

WASHINGTON STATE HIGH SCHOOL
TRANSCRIPT

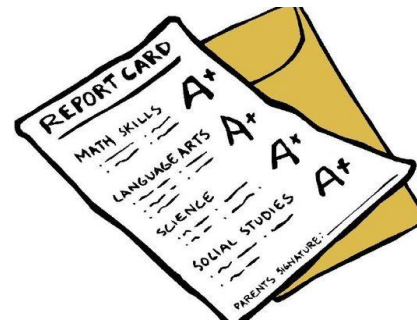
REPORT DATE 12/03/2018
Grade Point Table

A	= 4.0
A+	= 3.7
B+	= 3.3
B	= 3.0
B-	= 2.7
C+	= 2.3
C	= 2.0
C-	= 1.7
D+	= 1.3
D	= 1.0
E or F	= 0.0

GRADUATION DATE

NOT USED IN G.P.A.

P/N Pass/No Pass.
CR/NC Credit/No Credit
S/U Satisfactory/Unsatisfactory
W Withdraw



GPA

- G.P.A. stands for Grade Point Average
 - ▣ Every semester grade has a point value associated with it ex. 4.0=A; 3.3= B+, C=2.0, etc
 - ▣ IHS does not weight honors/AP classes any differently than on-level classes
 - For example a B+ in an honors class is still worth 3.3
 - ▣ [Grade improvement](#): the district policy involving retaking the same class for a better grade—if a student had a C- or less.
 - ▣ “Cumulative GPA”: the total average of all your grades

Graduation Requirements

Detailed Video:

<https://www.youtube.com/watch?v=ChmMNEQqSuE>



In summary:

- ❑ 24 Credits
 - ❑ Core requirements
 - ❑ Choice areas (Career/Tech, Fine Arts, World Language)

- ❑ Pathways to Graduation/State Testing
 - ❑ [CTE](#) (career and tech ed option for 2.0 credit)
 - ❑ [Dual Credit](#) (in approved Math and English)
- ❑ NW Studies/WA State History milestone
- ❑ Optional [World Language Test](#) or Personal Pathway in lieu of World Lang credit

Optional Testing: College Exams

SAT

- ❑ Administered by College Board
- ❑ Can cover the Math AND English Grad Pathway

ACT

- ❑ Administered by ACT
- ❑ Can only cover Math Grad Pathway unless the writing portion is taken

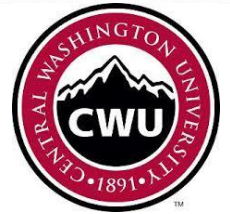
Both tests are offered in the area on a Saturday schedule: [ACT](#) [SAT](#)

IHS plans to host each test once in Spring (during the school day)

Check college websites to determine if ACT/SAT is needed for admission (many schools are now test optional)

WA State 4-Year College Entrance Credit Requirements

- 4.0 English
- 3.0 Social Studies (4.0 preferred)
- 3.0 Math, thru Algebra 2 (4.0 preferred)
- 3.0 Science, including Chemistry or Physics
- 2.0 Consecutive World Language (3-4 preferred)
- 1.0 Fine, Visual or Performing Arts (same subj. for Cali)
- [Link to Minimum College Admission Standards](#)
- ACT or SAT—check admissions websites—not always needed
 - ▣ PTSA ACT/SAT test prep events in Sept, Jan (ACT) Feb (SAT):
<https://issaquahhighptsa.org/Page/SATACT/Practice%20Tests>



Course Selection Process

- Starts up every year in **Feb**
- Presentations, helpful articles on rigor, FAQ, available on Counseling Website
- [Course Guide](#)
- Resources by grad year
- Informed Self-Select
 - ▣ Prior Learning Recommendations
 - ▣ Conversations with teachers about recommendations
 - ▣ IEP or ELL: students will work closely with case manager
- Master Schedule is built based on student requests each year



4-Year Planning

- Freshman Conferences—late fall through spring
- Junior Credit Conferences (Nov-Jan)
 - ▣ Counselor meeting with all 11th graders
- [Self-Directed 4-year planning](#) (link to sample plan)
 - ▣ Ongoing
 - ▣ Changes each semester
- [Running Start](#)
- [WANIC](#)



Teen Mental Health Counselor

- Issaquah School District partners with Swedish for this support option
 - Confidential counseling
 - Skill building on many topics
 - Referrals for outside mental health resources
- Our school-based health counselor is Sara Torelli (TorelliS@issaquah.wednet.edu or sara.torelli@swedish.org).
- To make an appointment: email Sara directly, grab a referral form in counseling or meet with your alpha counselor to complete a referral
- [Link to Sara's video](#)

College & Career Center

□ Fabulous Career Specialist

□ Karen Stevens

- Internships/Jobs
- High School and Beyond Plan (new program Xello)
- Initial College Search
- College Representative Visits
- [Link to College and Career Website](#)
 - all the above topics and more have EXCELLENT resources on this website



Family Partnership Team



- Great source for **answers** and **supports**
 - Events throughout the school year to help you support your children
 - <https://www.issaquah.wednet.edu/family/cultural-and-family-partnerships>
 - Periodic Family Connections Meetings
 - Resources in Home Language
 - Translated documents in: [Chinese](#) [Korean](#) [Spanish](#)
 - Contacts:
 - District: Lorna Gilmour: GilmourL@issaquah.wednet.edu
 - IHS Liaison: Liliana Medina medinaL@Issaquah.wednet.edu

Additional Questions?

- Submit general questions with the 1st QR code
 - ▣ If you didn't bring a smart phone; raise hand for Q's
- Please contact your student's counselor for additional information or student-specific questions
- [Counselor email addresses](#)

We love feedback:

- Survey Link:

