



Issaquah High Student Profile



Stephanie Cash
IHS Class of 2022

What classes at school do you love and why?

I have two favorite classes at school! One of them was social psychology. I learned a lot in that class, and it was very enjoyable because of the teacher, Mr. Frost. Mr. Frost is what made the class memorable, and although it was his first-year teaching, he is one of my favorite teachers and has made many positive impacts on my life. Another class that I love is being a peer tutor for the LRC2 student. Every day when I walk into the classroom, I feel my spirits lifted immediately. It is impossible to spend time with the students and teachers and not be in a good mood or have a good day. I love all of the kids and have learned so much from them. They have helped me have a lot of self-growth.

Do you play sports and if so, how has sports made an impact on your life? Any highlights you would like to share?

I play volleyball for the school and for a club team. Volleyball has given me the gift of many valuable life lessons along with many special connections with new friends. It has given me an opportunity to learn how to become a better leader, teammate, and person. It also has taught me to be patient with myself and others.

Are you in a club and if so, what are the best parts of being in that club? Any memorable experiences you would like to share?

I am a member of SIFF (Sharing Interests Forming Friends) club, and this year I have been named one of the Board officers, which I am very excited about! SIFF also allows me to spend more time with the kids from the LRC class.

Do you have any cool hobbies? Please elaborate.

It's not really a cool hobby but I enjoy sewing, especially during COVID. I also like to do water activities like boating and paddle boarding.

Is volunteering part of your life? If so, tell us about your volunteering experiences and what you love about them?

Volunteering is a huge part of my life. A recent volunteer opportunity I have had is working at a summer camp this past summer for kids with special needs. I had so much fun spending time with all of the kids! I felt so connected to them this summer and the last day of camp was very hard to say goodbye, although I know I will see all of them again soon. I love spending time with all of the kids because it teaches me how to be myself and enjoy every moment of my life because you can find awesome things in every moment! What I love about kids with special needs is that their hearts are so pure, and they see the joyful moments of life rather than focusing on the negative parts which a lot of people get stuck on. They enjoy the simple things in life.



Do you have a job? If so, where do you work and what do you do? What are the highlights of working there?

I am a caregiver for my friend Francisco, who has special needs. I am at his house almost every day and do lots of activities with him such as making animal sounds, exercising, going to therapy, or fun new learning experiences. He is someone that I always look forward to seeing and can always count on to make me smile! I would like to think I make his day a little more special as well. I work with him a lot on different tasks to be independent such as helping him learn how to get dressed on his own, eat on his own, put his mask on, put his seatbelt on, etc.



What do you do for fun? Please share more about what you do for fun in your spare time.

When I'm not having fun with Francisco, I also enjoy spending time with my friends kayaking or paddle boarding. I enjoy most outdoor activities like walking, hiking, or most sports.

Do you know your plans yet after high school? If so, tell us about them.

After high school, my dream is to attend the University of Southern California's Occupational Therapy program. I would love to gain the skills and knowledge from such an amazing school to help kids with special needs make their lives a little easier. I would first like to work in a hospital setting and then ultimately work in pediatrics. USC has been a dream for years and when I toured the campus it confirmed that I have to do everything I can to make this dream a reality.

Is there anything else special about you that you would like to share?

Something special about me that people may not know is that I have Tourette Syndrome. Tourette's is a neurological disorder that causes random tics. I have had TS all of my life. I was bullied in elementary and middle school for my tics and early in elementary school is where I met the LRC kids and found in their classroom I could be myself.