



## IH PTSA Community Service Program GUIDELINES FOR ISSAQUAH HIGH STUDENTS

(For all info on the program and forms: [CLICK HERE.](#))

In collaboration with the IH College and Career Center, the IH PTSA is proud to sponsor the IH PTSA Community Service Program. This program is designed to recognize students' contributions to the community through service. Community Service Hours are reported to IH PTSA throughout each year. At the end of the school year for each graduating senior, the IH PTSA tabulates and submits the total hours reported to the school for special recognition at graduation. Each student completing **100 or more** Community Service Hours will receive a certificate and white cord at graduation.

### Frequently Asked Questions

#### What are Community Service Hours?

Community Service Hours are hours spent volunteering to perform services **without pay or other compensation** (except recognition and appreciation) for the good of an individual, an agency, the community or society.

#### What Counts as Community Service?

- Hours should be performed **outside** of school time without pay or compensation.
- Hours volunteered after 8<sup>th</sup> grade promotion **do count**.
- Hours worked for National Honor Society, Key Club and DECA **do count**, as long as they meet all other criteria.
- Hours for class credit: Health, Sports Medicine and Music **do not** count.
- Only actual working / volunteering hours count: travel and sleep hours **do not** count.
- Fundraising, Rehearsal hours and Planning/ Meetings **do** count up to a maximum of 15% of the overall time for the volunteer activity.
- Hours worked as a result of Traffic Court **do not** count.

#### How and When Do I Log In My Hours?

It's really EASY. Simply login to the school PTSA community service webpage to find an online form, which you can find at "volunteer" under the Opportunities tab on the IHS College & Career Center webpage. Or simply go to the front page of [theissaquahhighptsa.org](http://theissaquahhighptsa.org). website and find the page. Or, simply go to the front page of the [IH PTSA Website](#) to find the "Student Comm Service Program" button on the left. It's that simple!

And, you can log new hours as often or as little as you like. Each time you enter hours, you will receive a report of the hours you logged. Please keep a record of your hours as we do not provide regular reports on cumulative hours. There is an annual deadline for seniors that must be met in order to receive recognition at graduation. It is typically the first school day in May, but please check the website to verify.

#### Why Should I Volunteer?

Volunteerism provides many benefits, not just for the community, but for the student, especially if you are truly interested in the organization or cause for which you are volunteering.

- To explore different career fields.
- To give back to the community.
- To gain valuable contacts for future job or internship opportunities.
- To learn new skills or enhance skills in your area of interest.
- To provide colleges a volunteer service record.
- To meet requirements for many scholarships.
- To be recognized at Senior graduation with a service cord. (**\*100 or more hours**) --- PTSA purchases the cords for students who qualify.

Stay tuned for our upcoming IH PTSA Community Service Fair, a venue where community organizations will be available to help explore ideas on where to donate your time and energy!!!!

Questions? [Contact Pamela Krueger, IH PTSA Community Service Committee Chair](#), or (206) 356-5175. The IH PTSA sponsors this recognition program.